

February 2005

SEXUAL HEALTH

WA AIDS Council: S.H.E. – Sexual Health Education: Talking Safer Sex. Workshops to be run with interested women's groups covering communication, relationships, sexual health, contraception, sexual diversity. **Who:** For women living or working in the south metropolitan region. **Cost:** Free. **Contact:** Catherine 9482 0000 / cswift@waids.com / www.waids.com.

1, 2 February – RELATIONSHIPS

Relationships Australia: 1 Feb – Understanding Angry Emotions: How to manage emotions creatively and constructively, reducing negative outcomes. **When:** 6.30-9pm \$20 p/p. **2 Feb – Communication in Relationships:** How to improve communication and enhance your relationship. **When:** 6.30-9pm \$20 p/p. **2 Feb – Money: Yours, Mine & Ours!** Explores how couples manage their income - not about budgeting but how to agree on where 'our' money goes. **When:** 6.30-9pm \$20 p/p. **Where:** All at 115 Cambridge St, West, Leederville. Other courses available: Living in a Step Family; Parent-Teen Connection; Rebuilding After Separation; Building Better Relationships for Couples; Anger Management for Women; Successfully Single; and Together Forever. **Contact:** 9489 6322.

2 February – FENG SHUI

Feng Shui Fortunes: Free Information Evening. Change your life in 2005 – the Year of the Wooden Rooster. You will receive written information, a Chinese New Year gift and a supper of traditional Chinese New Year snacks. Bookings essential. **When:** 7.30-9pm. **Where:** George Burnett Leisure Centre, G Burnett Park, Manning Rd, Karawara. **Contact:** 6293 1498.

2-5 February – WOMEN FILM-MAKERS

Film and Television Institute WA (FTI WA): World of Women National Tour. Four nights of new local, interstate and international short films and documentaries produced by women from Australia and around the world! **2 Feb - Australian documentaries, 3 Feb - International documentaries, 4 Feb - Australian short Films, 5 Feb - International short films.** **When:** 7pm each night. **Cost:** \$11 / \$9 FTI members / concessions. Season passes: \$30 / \$25 FTI members / concessions. **Contact:** 9431 6721 or www.fti.asn.au.

2 February – WOMEN'S GROUPS

Women's Healthworks: 2 Feb – Laughter Club: Have fun while you destress. Fortnightly Wednesdays 6-7pm. **2 Feb – Craft Group:** Learn art and craft skills. **When:** Wednesdays 9.30-11.30am. **18 & 25 Feb – Intro to Feldenkrais through Movement:** 9.30-10.30am. **23 Feb – Intro to Meditation:** 1-2.30pm. **24 Feb – Art Therapy:** Explore self / life in art. **When:** 6 weeks. 9.30am-12noon. **Where:** Suite 6, 70 Davidson Tce, Joondalup. **Contact:** 9300 1566.

3 February – FRIENDSHIP

VIEW (Voice, Interests & Education of Women): Luncheon Meeting. Sound VIEW club invites women to their lunch meeting. Widen your horizons, be part of a national organisation devoted to friendship and community service. Luncheons are first Thursday every month. **When:** 12noon. **Where:** The Cruising Yacht Club, 2 Val Street, Rockingham. **Cost:** \$16 - two courses, tea/coffee. Membership: \$10. Booking essential. **Contact:** 9529 2432.

5-19 February – FUN ACTIVITIES

South West Refuge: Outreach Activities. For women and children who have experienced domestic violence. **5 Feb – Belly Dancing and Henna:** Enjoy the art of Henna and express yourself through belly dancing. **When:** 1-3pm. **Where:** South West Refuge. **19 Feb – Fun with the Police at the PCYC:** Enjoy a fun day at the PCYC with local officers! The kids can play sports and experience rock climbing and learn some safety tips. A casual atmosphere promoting police aren't scary and can have fun too! **When:** 1-3pm. **Where:** Meet at the Refuge. **5 Mar – Surfing and Beaching:** Grab the family and have a fun day at the beach and work on that lovely tan while the kiddies learn to surf the waves! **When:** 1-3pm. **Where:** Meet at the Refuge. **12 Mar – Picnic and Train Ride:** Enjoy a train ride trek and picnic together. **Where:** Meet at the Refuge. **Contact:** Heidi 9791 2894.

7-9 February – CONFERENCE

Australian Local Government Association / Federation of Ethnic Communities' Councils of Australia: Transformations. Analyse UNESCO's Universal Declaration on Cultural Diversity and its implications for Australia's future diversity policies and programs in government and non-government. **Where:** Canberra. **Contact:** Bob, Project Manager (02) 6282 5755 / bob@fecca.org.au / www.fecca.org.au/transformations.html

7-11 February – SHORT COURSE

The Institute of Sustainability & Technology Policy (ISTP), Murdoch University: Sustainability for Professionals. Addresses issues such as: how to design long-term sustainability issues involving community participation, what are the components of regional sustainability strategies and how can a vision be created in an organisation that incorporates sustainability. **Cost:** \$1000 + GST day rates available. Students can register online via "My-Info". **Contact:** ISTP 9360 2913 / istp@murdoch.edu.au

8, 9, 11 February – RELATIONSHIPS COURSES

The Meeting Place, Fremantle: 8 Feb – The Heart of Intimacy: What is more important than love? **When:** 7.30-9.30pm. **Where:** The Meeting Place. **Cost:** \$16 / \$12 / \$9 / \$5. **9 Feb – Assertiveness:** Become confident in your relationships. **When:** 9.30-11.30am. **6 wks. Where:** Fred Notley Venue, Hilton. **Cost:** \$96 / \$72 / \$54 / \$30. **11 Feb – Happier, Healthier Relationships:** Create happier relationships in your life. **When:** 10am-

Information for Women 爲婦女提供的資訊 Thong tin danh cho phụ nữ معلومات للسيدات Πληροφορίες για γυναίκες Informazioni per le Donne Informationen für Frauen

12noon. 6 wks. **Where:** The Meeting Place. **Cost:** \$96 / \$72 / \$54 / \$30. More courses / groups available. **Contact:** 9335 3394.

9, 11, 23, 24, 25 February – GOLDFIELDS GROUPS

Goldfields Women's Health Care Centre: 9 & 23 Feb – Cancer Support for Women: **When:** Every 2nd Wednesday 10-11am. **11 Feb – Breast feeding Information:** For expectant mums. **When:** 12.30-2pm. **24 Feb – Wacky Hormones:** Menopause support for women all ages. **When:** Last Thursdays. 12.30-1.30pm byo lunch. **25 Feb – Baby Massage:** **When:** Last Fridays. 10.30-11.30am. **Cost:** \$6. Also, Chronic Fatigue Syndrome Support Group and 'Get a Grip' Stress Management Workshops. Interested in joining? **Contact:** 9021 8266.

9 February – WISE WOMEN WEDNESDAY

National Council of Women of WA Inc: Guest speaker: Women's Electoral Lobby's Vicki Douth, Convenor, Stop Violence Against Women Action Group. ALL WELCOME. The urn is simmering, byo sandwich, and trading table. **When:** 12noon-2pm. **Where:** NCW WA's Rooms, 1st Floor, 10 Victoria Ave, Perth. **Cost:** Gold coin donation. **Contact:** Bookings 9325-8897.

9 February – WOMEN'S FRIENDSHIP GROUP

The French Connection: Oceanus Restaurant. The Friendship and Cultural Exchange Group meets once a month for coffee and cake. For native speakers and those wanting to practice their French. **When:** 9.30-11.30am. Please ring to confirm date. **Where:** Oceanus Restaurant, 195 Challenger Pde, City Beach. **Cost:** Approx. \$12. **Contact:** Frederique 9309 6570 / learnthelingo@westnet.com.au

9 February – LEADERSHIP FORUM

UWA Extension Summer School: Ivory Basement Leadership – Panel Discussion. Chair: Prof Belinda Probert, Pro Vice-Chancellor Academic, UWA. Panel: Mrs Janet Holmes a Court, business-woman; Dr Karl O'Callaghan, WA Police Commissioner; Dr Jane den Hollander, Pro Vice-Chancellor Academic, Curtin University. Based on Dr Joan Eveline's book 'Ivory Basement Leadership'. The panel will give insights into the leadership work of their organisations and the dynamics of power and gender that today's leaders must manage. **When:** 7-8.30pm. **Where:** Alexander Lecture Theatre, Arts Building, UWA. A Leadership Development for Women 10th Anniversary sponsored event. **Register by:** 7 February 6488 3502 / www.csd.osds.uwa.edu.au/page/58877

10 February – SPIRITUALITY

Baha'i Centre of Learning: Reflections on the Life of the Spirit. Understand your true purpose in life and attain spiritual happiness and contentment. Meditation, discussion, and consultation. A journey of self discovery, discover your true identity, true potential and true purpose. **When:** 7.30 - 9.30pm. Weekly for 5 weeks. **Where:** The Baha'i Centre of Learning, cnr Marmion St & North Lake Rd, Myaree. **Cost:** \$10 for book. Free course. **Contact:** Nahid 9316 3299.

10 February – MENTORING WORKSHOP

Women on Boards: Improving Gender Balance. Women on Boards is a nationwide program to improve the gender balance on Australian Company Boards and has organised a mentoring workshop for women seeking positions on Corporate, Business, NGO and Government Boards. **Where:** Government House Ballroom, Perth. **When:** 5.30 - 9.30pm. **Cost:** \$66 p/p includes canapes/drinks. Please register on: www.womenonboards.org.au **Contact:** Arlene 0402 272 868.

12 February – YEAR OF THE ROOSTER

City of Melville: Chinese New Year Concert – 2005 Year of the Rooster! The City of Melville is organising a free concert to welcome 2005, the Year of the Rooster. Limited tickets. Priority given to City of Melville residents. **Where:** Winthrop Baptist College. **When:** 7pm. **Contact/Tickets:** From 18 January 9364 0690 - leave details.

15 February – FREE FORUM

The Domestic Violence Legal Workers Network: The New DV Laws In Practice. The Domestic Violence Legal Workers (DVLW) Network will be holding a free information Forum. Guest speakers from Legal Aid WA, WA Police & Department for Community Development will provide information about the law and what is happening in practice. Also, find out about legal services and resources available to help women exposed to family and domestic violence. **Cost:** Free. **When:** 9.15am-1pm. **Where:** Town Hall Administration Building, 8 William Street, Fremantle. **Contact:** Camille, Coordinator, 9272 8555 / camille_infer@fcl.fl.asn.au

18 February – EARLY BIRD OFFER

Australian Women's Health Network (AWHN): Fifth Australian Women's Health Conference – Reflecting on Gender-Confronting the Evidence. Early bird registration closes 18 February. **Where:** Carlton Crest Hotel, Melbourne Australia. **When:** 20-22 April. **Contact:** www.womenhealth2005.com.au or for further information: Vicki 9222 4240.

18 February – NOMINATIONS CLOSE

Baha'i Community of Australia (WA Office)/Office of Multicultural Interests: Good Neighbour Awards 2005. Guest speakers: Mrs. Maria Osman, Executive Director, Office for Women's Policy; and Mr Tony McRae, MLA. In celebration of Harmony

Week, the Good Neighbour Awards will be presented to encourage humanitarian services and the development and promotion of greater harmony within WA communities. Nominate your neighbour or a community member. **Information:** www.goodneighbour.net **Contact:** Dr Kamran Kazemi 9345 2677.

19 & 26 February-26 March – ZOOFEVER FIESTA CONCERTS

Perth Zoo / City of South Perth Fiesta: 19 Feb – Marcia Hines in Concert. Live in the gardens of Perth Zoo. **26 Feb – 26 Mar – Twilight Concerts.** WA's popular tribute bands. Animals on display until 6.45pm. **When:** Entertainment starts 7pm Saturday nights. WIN a season pass to the Twilight Concerts. Call 1900 999 150. Closes 21 February. Visit www.perthzoo.wa.gov.au Tickets: Perth Zoo / BOGS 9484 1133. **Contact:** ZooFever 24-hr Infoline 9474 3551.

25 February – COURSE

CLAN Rockingham: Power of Your Word. A follow-on from 'New Me: Self Esteem for women'. **When:** 4 week course 25 Feb – 25 March 9.30am-12pm. **Where:** Wambro Family Centre, 1 Moreton Cres, Wambro. **Cost:** \$10. **Contact:** 9593 5244.

26 February – WOMEN'S FRIENDSHIP

Papillon: Life Transitions. Guest: Dianne Finkelde. Bring a small plate of goodies for afternoon tea. **When:** 2pm. **Where:** Chadlington Café, NorthCity Christian Centre, 31 Chadlington Drive, Hephurn Heights. **Cost:** \$3. **Contact:** Coral 9309 3005 / Christine 9296 1517.

28 February – CLOSING DATE

The Churchill Trust: WA Churchill Fellowship – Investigating Ways to Assist in Addressing Poverty. Applications are invited for an overseas study project to examine and describe programs and services which identify strategies to strengthen responses to poverty in the community. Proposals linking research with practical strategies given preference. **Information:** www.churchilltrust.com.au **Contact:** churchilltrust@bigpond.com / 1800 777 231 / (02) 6247 8333.

February – FREE COURSES

The Patricia Giles Centre: Tuesdays Art Group: Learn new skills and produce a piece of art for exhibition. For survivors and workers in the field of domestic/family violence. **Wednesdays Parenting Group:** for mothers with children under 12yrs. 8 weeks educational/support. **Thursdays:** Following courses over two school terms, women can do one or more. 1. Self esteem. Improve your self confidence. 6 weeks. 2. Home and Car Safety. Learn practical skills to keep safe. 6 weeks. 3. Self-Defence. Physical self-defence lessons over 6 weeks. **Cost:** FREE including free childcare. For women living in the northern suburbs. **When:** Starts early February. **Contact/Bookings:** 9300 3040.

MARCH IWD EVENTS

8 March – IWD BREAKFAST

Goldfields Women's Health Care Centre: IWD Breakfast. All women of all ages are invited to join in celebration with a buffet style breakfast. Guest speaker and entertainment. **Where:** Skylight Room, Tower Hotel. **When:** 7.30-9.30am **Cost:** \$13.50 / \$10 conc. p/p. Prepayment essential by 1 March for catering. **Contact:** 9021 8266.

8 March – IWD LUNCHEON

Momentum Womens Forum: 'ABSOLUTELY FABULOUS Luncheon Function celebrating INTERNATIONAL WOMENS DAY!' Guest Speaker: US Consul General Robin McClellan. Also a Fashion Parade: Doriane Panzani from Colonnade of Subiaco and an Absolutely Fabulous "Look" Competition! Men and women welcome. **When:** Tuesday 11.30am. **Where:** Sheraton Perth Hotel. **Cost:** \$80 / \$70-members. For more information: <http://www.momentumwfs.com.au> Fundraiser trader for Canteen 'The Australian Teenage Cancer Patients Society Ltd'. **Contact/Bookings:** Barbara 0417 824 619 / momentumwfs@westnet.com.au

9 March – IWD LUNCHEON

Extended Families Group (Inc.): 15th Anniversary Luncheon. Celebrate International Women's Day in Bullsbrook with a luncheon acknowledging the contribution of women to the community. All women in the area and surrounds are invited. Agenda includes guest speaker, surprise photos of local women, raffles, quizzes and more. **Where:** Bullsbrook Pavilion, Maroubra St (off Chittering Rd). **When:** 11.30am-2pm. **Contact/Bookings:** Kathy 9571 1593 / Marion 9447 0058.

contact details

Please fax, mail or email your event details in 30 words or less by the 10th of the month prior to your event and we will print it for free (non-government organisations only). For further information or a copy of WINFO telephone (08) 9264 1900, country freecall STD 1800 199 174, TTY available on these numbers, fax (08) 9264 1925, email wpo@dcd.wa.gov.au or view WINFO on-line at www.community.wa.gov.au/women. Postal address: 1st Floor, 141 St Georges Tce, PERTH WA 6000. This document is available on request in alternative formats such as large type, audio tape, computer disk and Braille.

The Office for Women's Policy, Department for Community Development, in no way endorses or recommends any events, agencies or services listed in this monthly calendar. For further information contact the event organisers directly.

12 February – YEAR OF THE ROOSTER

City of Melville: Chinese New Year Concert – 2005 Year of the Rooster! The City of Melville is organising a free concert to welcome 2005, the Year of the Rooster. Limited tickets. Priority given to City of Melville residents. **Where:** Winthrop Baptist College. **When:** 7pm. **Contact/Tickets:** From 18 January 9364 0690 - leave details.

Pebrero 12 – TAON NG MGA TANDANG

Lungsod ng Melville: Konsyertong Pambagong Taon ng mg Intsik – Taon ng mga Tandang 2005. Ang Lungsod ng Melville ay magbibigay ng libreng konsyerto bilang pagsalubong sa 2005, ang Taon ng mga Tandang. Limitado lamang ang mga ticket. Unahang bigyan ng ticket ang mga taga-Melville. Saan: Sa Winthrop Baptist College. Kailan: alas siyete ng gabi. Para sa ticket mula sa Eneri 18m iawagan ant telepono big. 9364 0690. Iwanan ang inyong detalye.

...is a monthly calendar of events by, for and about women. It is produced by the Women's Information Service (WIS) and is free to any group or individual.

February 2005

WIS

The Women's Information Service (WIS) is a free, confidential telephone referral service for all women in Western Australia, provided by the Office for Women's Policy.

Monday to Friday 9am to 5pm
(08) 9264 1900
or Country freecall STD 1800 199 174

TTY available on these numbers. If an interpreter is required telephone the Translating and Interpreting Service on 13 14 50 or the National Relay Service on 13 36 77.



THEME: WOMEN & RELATIONSHIPS

Action Plan Survey. The Western Australian Family and Domestic Violence State Strategic Plan is a whole of government, whole of community framework to respond to family and domestic violence. Each year a plan is developed to identify priority actions that will be undertaken within that year.

The Western Australian Family and Domestic Violence Action Plan 2004-2005, structured under the ten focus areas within the Strategic Plan, identifies strategies and actions to enable a more effective and targeted response to family and domestic violence.

The Family and Domestic Violence Unit monitor the implementation of the State Strategic Plan. Community feedback is an important part of this process and it also helps to identify emerging issues, trends and gaps.

Feedback forms are now available on the Unit's website at www.community.wa.gov.au/Resources/FamilyDomesticViolence/ under 'What's New'. Feedback can either be provided online or downloaded in hard copy. Feedback forms will remain on the site until the week ending 11 February 2005. The feedback provided will inform the development of the 2005-2006 Action Plan.

The Women's Portal (www.women.gov.au) With a large amount of online government information, services and resources across a range of websites, it is often difficult to find the right information quickly. Women's Portal (www.women.gov.au) provides a single website from which online resources can be searched and accessed easily, improving access to government information and services.

Information Package for Parents / Carers of a Child with a Disability. This package is the brainchild of Evelyn Linn, Coordinator of the successful Go FAR (Flexible Accessible Recreation) project. Go FAR is a service that assists young people with an intellectual disability aged 12-20 years to access recreational activities of their choice. For further information please email: alonglifescourney@hotmail.com

New Guide for Tracing Aboriginal History. Aboriginal people tracing their family history are now able to get help from a new book released recently by the State Records Taskforce. 'Looking West: A Guide to Aboriginal Records in Western Australia' is a source of information for researchers, historians and Aboriginal people in search of their past. For copies or further information please contact the Department for Community Development on 9222 2555. Source: *Tapestries News & Views from WA Communities' Newsletter.*

'Signposts to the Past: New Guide to Assist Former Children in Care.' 'Signposts' is a new resource guide which will assist tens of thousands of Western Australians, who were formerly in care, to find out more about their past. The Department for Community Development (DCD) has also compiled a database of all children in its care since 1920. The report can be accessed through DCD's website: www.community.wa.gov.au or for further information contact DCD on 9222 2555. Source: *Tapestries News & Views from WA Communities' Newsletter.*

Women with Disabilities and Family and Domestic Violence – A Safety Card. One of the key messages from important research and the subsequent publication 'Silent Voices - Women with Disabilities and Family and



WINFO's MARCH FOCUS IS INTERNATIONAL WOMEN'S DAY – "Equity AND Equality: Bridging the GAP".

Women's Information Service (WIS) provides an information and referral service to all women in Western Australia from diverse cultural and religious communities, as well as women of different ages, abilities and sexual orientation.

If you would like to see a focus on other themes during the coming months, please let us know. Contact WIS: (08) 9264 1900 / Freecall 1800 199 174.

New Domestic Violence Kit to Guide Students

High school, TAFE and university students from across Western Australia will benefit from a new family and domestic violence kit. The 'Domestic Violence Student Information Kit', produced by the Department for Community Development Family and Domestic Violence Unit, is available online and provides students with insight into the complex issues around domestic violence.

The kit is easy to download and is a valuable resource for students in WA studying a variety of disciplines including human services, social work or justice studies. It provides a comprehensive guide to the dynamics of domestic violence: who experiences violence, the impact of abusive relationships, legal issues, safety planning and government responses to violence in the family home. The kit will also help young people understand and reject abusive relationships in their own lives.

The 'Domestic Violence Student Information Kit' can be downloaded at www.community.wa.gov.au

Western Australian Family and Domestic Violence State Strategic Plan 2004-2008

The Family and Domestic Violence Unit monitors the implementation of the Western Australian Family and Domestic Violence State Strategic Plan 2004-2008. Community feedback is an important part of this process and it also helps to identify emerging issues, trends and gaps. Feedback forms are now available at www.community.wa.gov.au/Resources/FamilyDomesticViolence/ under 'Have Your Say'.

Feedback can either be provided online or downloaded in hard copy. The feedback forms will remain on the site until the week ending 11 February 2005. The information provided will inform the development of the 2005-2006 Action Plan.

Domestic Violence' was the minimal understanding of domestic violence. Rockingham Women's Health Centre (RWHC) has now produced a card which provides important telephone numbers in the disability and domestic violence sectors as a resource for women with disabilities. These cards will be used in conjunction with the production of a training manual being developed by People with Disabilities and the Ethnic Disability Advocacy Council, with financial support from the Family and Domestic Violence Unit, Department for Community Development. For further information please contact RWHC on 9527 8221.

Roe Street Centre for Human Relationships offers specialist counselling in relationship and sexual health issues to individuals, families and couples. Sessions are available on issues such as sexuality and sexual problems, as well as unplanned pregnancy and infertility. Male and female counsellors are available. Telephone 9228 3693 for more information.

Volunteers Wanted! The Samaritans, who provide a caring service for despairing and suicidal people, are seeking more volunteers. Suitable applicants receive comprehensive training and on-shift support. Please telephone 9381 5725 or email samarita@starwon.com.au for further information.

International Women's Development Agency (IWDA) Special Appeal: Women Rebuilding Sri Lanka. IWDA have been in constant contact with their project partner, the organisation Kantha Shakthi (KS) in Sri Lanka, since Director Rohini Weerasinghe requested support after the tsunami devastated Sri Lanka's coasts. On 3 January, Rohini emailed IWDA reporting that "... young girls and women who were rescued (have been) gang raped. ... are sexually abused in the camps and there are acts of violence against women."

After losing families, homes and livelihoods, women victims of the tsunami are facing fresh horrors. These horrendous stories are no surprise to IWDA or their partners; IWDA's work over the last 20 years confirms that in times of unrest it is vulnerable members of society - women and children - who suffer the most.

IWDA asks for support by donating to their 'Sri Lanka Appeal' - helping to protect and empower local women in the wake of this disaster. The donations will build a five year fund to support grassroots women's organisations, including KS, as they rebuild safe communities. Women must play a key role in the reconstruction and you can help IWDA and their partners to make this happen. Donations can be made via the IWDA website, and for Rohini's updates on the situation visit: www.iwda.org.au or telephone (03) 9650 5574.

Rebuilding the WA Women's Movement – a Call to Present, Organise and Participate! The World Social Forum seeks to provide a space for discussing alternatives, for exchanging experiences and for strengthening alliances. The Perth Social Forum will have keynote speakers, workshops, stalls and many other activities. If you are interested in presenting a workshop or getting involved contact Holly on 0421 508 446 or hollyhammond@australia.edu. The Workshop Series at the Perth Social Forum will be on 18-20 March 2005 in Fremantle. For program information visit: www.perthsocialforum.org

Lesbian Health. During 2004, Marg Piggott, a student of Swinburne University in Melbourne, conducted a large-scale survey of lesbian health issues. Lesbian women from 21 countries participated in the survey. Results of the survey demonstrated that societal homophobia and misogynistic practices are related to increased depression, lowered self-esteem and psychosexual difficulties for lesbians. For more information please contact Marg on (03) 9616 7655.

MESSAGE FROM THE EXECUTIVE DIRECTOR

On behalf of all the staff at the Office for Women's Policy (OWP) I would like to extend my deepest sympathy to all the families, men, women and children touched by the tsunami disaster. There are numerous women's organisations working to help those affected by the tsunami disaster and I urge you to support the relief effort in any way you can. OWP have included a list of some of the organisations in this edition of *Winfo*.

OWP recognises mentoring as an important aspect of developing leadership and networking skills. The goal of mentoring is to provide opportunities for women to develop skills and knowledge to enhance success. 'A mentoring program is a formal way of building relationships. It recognises the value of personal one-on-one contact that involves one person offering knowledge, insight, perspective or wisdom that is especially useful to another person.'

As part of OWP's strategic approach in supporting the work of women's groups and community organisations, OWP recently worked in conjunction with the Western Australian Council of Social Service on a pilot program, the Funding Mentoring Initiative. The initiative was a response to the findings of the Capacity Discovery Survey 2003-2004 and the Finding Funding Fit Forum, where the availability of funding was a major concern for 30% of survey respondents.

The women and organisations involved in the Funding Mentoring Initiative had no prior experience in obtaining government grants or private sector sponsorship and included new and emerging women's groups. The initiative involved a series of workshops, which provided an overview of funding sources and information on best practice in relation to submission writing and budget development. The initiative was highly successful as it enabled participants to devise a project and complete a submission for the Western Australian Women's Grant Program.

If you would like to contact us for further information on any of our programs, publications or email networks please phone 9264 1900 or visit our website: www.community.wa.gov.au

Judy Hogben
Relieving Executive Director

Internet Outreach to Same Sex Attracted Youth – Call for Women Volunteers! Be part of CyberReach - delivering health information to same-sex attracted youth via chat rooms on the internet. Join a team of peer-based volunteers (26 and under/same-sex attracted). Free training provided. CyberReach is a collaborative project between the WA AIDS Council and the WA Centre for Health Promotion Research. For more information or applications contact Jonathan: jhallett@waids.com or Sarah: scollins@waids.com or telephone 9482 0000.

WAVE keen to hear from women or women's groups. JobTactics on behalf of Women in Adult Vocational Educational have been funded to conduct a series of focus groups that aim to research women's needs and desires for training as part of their career and return to work interests. JobTactics is keen to hear from women who can attend a focus group to provide views, relate their experiences of vocational training or who can complete a questionnaire. JobTactics welcomes contact from relevant organisations (TAFE -NOW groups and ACE providers) who can offer the opportunity to talk or meet with women. Enquiries can be made via Lynn Deering at JobTactics. Telephone 9370 2381 or email lyndeering@jobtactics.inet.net.au

2005 Guide to State Government Concessions for Western Australians. This guide details concessions for holders of the following cards: Pensioner Concession Card, WA Seniors Card, Commonwealth Seniors Health Card, Health Care Card, State Concessions Card, and Department of Veterans Affairs' Gold Cards for TPI and War Widows. Other concessions are available. Please contact the relevant agency for details of eligibility and how to apply: Office for Seniors Interests – 9328 9155 / 1800 671 233, Centrelink - 13 23 00, Department for Community Development – 9222 2711, or Department of Veterans Affairs – 13 32 54.

'How to Master Networking – Survival Guide for Shy or Nervous Networkers' is a networking survival guide providing a step-by-step plan to take the confusion out of attending networking events, keeping in touch without being pushy and building successful business and career networks. Also available as a pack. For further information contact Networking to Win on (02) 6674 0233 / inetwork@bigpond.net.au / www.networkingtowin.com.au

Family Relationships Services Program (FRSP). This program is currently administered by the Family and Children's Service Branch of the Australian Government Department of Family and Community Services (FaCS). It aims to enable children, young people and adults in all their diversity to develop and sustain safe, supportive and nurturing family relationships; and minimise the emotional, social and economic costs associated with disruption to family relationships. For further information visit: www.facs.gov.au

Volunteers required for Australian Red Cross "Hands On Care" Service offering hand massage, manicure and a friendly smile or chat to residents of Aged Care Facilities throughout WA. Free training provided. Also in Regional and rural areas, Community Visitors are needed to visit a resident at least once each fortnight in a Department of Health & Ageing Program coordinated by Australian Red Cross. An ability to communicate well and have pleasure in the company of the aged is necessary. For further information and details of training, please contact Jean on telephone 9225 1963 or email: jwilyby@redcross.org.au