

## September 2005

### NEW ADDRESS

National Council of Women of WA wishes to advise that it will be moving from its current address to new offices at "The Library", Rod Evans Community Centre, 160 Hay Street, East Perth, from 1 October 2005. Postal and email addresses will remain the same: PO Box 6224, EAST PERTH WA 6892 / Email: ncwwa@q-net.net.au

### 1 & 8 September - WORKSHOPS

**CLAN (Community Link and Network) WA: 1. Raising Girls- 1-22 Sept.** What are the needs and challenges faced by girls in society? **Cost:** \$15. **2. Winter Pamper Morning- 8 Sept.** Aromatherapy, reflexology, foot spa, hand massage! Bring a hand towel. **When:** 9.30am-12noon. **Where:** CLAN, 2 Memorial Avenue, Carlisle. **Cost:** \$5. Bookings essential. **Contact:** 9472 9144.

### 1 & 8 September - WORKSHOPS

**Community Midwifery WA: Taking Care of Ourselves so We Can Be There for Our Kids** For expecting and new parents. **1 Sept**-with Mary Choo, kinesiologist. **Where:** Pregnancy & Childbirth Information Centre, 80 Canning H'wy, E. Fremantle. **Cost:** Free. **Contact:** 9319 8043. **8 Sept**-with Chantelle from Harmonious Mother, Harmonious Baby. **Where:** Pregnancy & Childbirth Information Centre, 336 Oxford St, Leederville. **Cost:** Free. **Information:** www.communitymidwiferywa.org.au **Contact:** 9242 3330.

### September - GROUPS

**Herdsmen Neighbourhood Centre: Multicultural Playgroup.** **When:** Tuesdays / Wednesdays 10am-12noon. **Cost:** \$15 Members / \$25 non-members. **Where:** 29 Jukes Way, Wembley. More available including adult craft: Crazy Patch-Working-1, 8, 15 September and Cake Decorating- 22 September. Free crèche. **Contact:** 9444 1242 / hnchelping\_hands@bigpond.com

### 4-10 September - NATIONAL CHILD PROTECTION WEEK

**NAPCAN (National Association for the Prevention of Child Abuse and Neglect) Foundation: Take the Child Friendly Challenge.** In Australia, a child is abused every 13 minutes. Strong, healthy communities have less child abuse and neglect. NAPCAN challenge Australians to help make the community child friendly. **Register:** www.napcan.org.au / NAPCAN (02) 9211 0224.

### 5 September - WORKSHOP

**Asia Pacific Futures Network / Curtin University / University of Melbourne: Gendered Transportations- Mobility and Displacement in South Asia.** **Speakers:** Professor Jasodhara Bagchi, Chair, West Bengal Commission for Women; Dr Sumathy Sivamohan, Sri Lankan filmmaker, activist; Dr Jacqueline Siapno re Aceh / East Timor. Gendered effects of displacement. **Where:** Curtin University. **Contact:** Jessica, Workshop Coordinator 9266 7131 / j.eldaoud@curtin.edu.au www.genderedtransportations.humanities.curtin.edu.au

### 5 September - FRACTURE FREE!

**Goldfields Women's Health Care Centre: Footloose and Fracture Free!** Fun and ways to 'stay on your feet'! One in four people 60 years and over fall each year. Take action, stay mobile and independent. **When:** 10am-1pm includes lunch. **Where:** 15 Dugan St, Kalgoorlie. **Cost:** Gold coin donation. Also: Menopause- A Change for the Better- 5 Sept., and Gynaecological Awareness- 7 Sept. **Contact:** 9021 8266 for details.

### 5 September - PAMPER DAY FOR WOMEN!

**Gosnells Women's Health Service: Pamper Day!** **When:** 9.30am-12.30pm. **Where:** Gosnells Community Lotteries House, 2232c Albany Highway, Level 1, Suite 7, Gosnells. **Cost:** \$5 for the day. Booking essential. **Contact:** Josie 9490-2258.

### 5 September - NATIONAL BODY IMAGE & EATING

#### DISORDERS AWARENESS WEEK

**Women's Healthworks: Eating Disorders Forum.** Focus - how sufferers and families cope. **When:** 7-9.30pm. **Where:** Loftus Community Centre. **Cost:** \$9.90 per person. **Register/Contact:** 9300 1566.

### 6 September - WOMEN & AGEING

**Older Women's Network WA: 'Reaching Out in Friendship' Festival.** Celebrating the 10th Anniversary since Incorporation and 'Stay on Your Feet' Week event. All welcome! **Where:** City of Gosnells, Albany H'way, Gosnells. **When:** 9.30am-3.30pm. **Cost:** Free. Must register. **Contact:** 9322 6466 / 9493 2734.

### 7 September - AWARDS DINNER

**Zonta Perth Northern Suburbs: 16th Annual Youth Awards.** Recognising young people who give selflessly of their time for those around them. All welcome. **Cost:** \$25. **When:** 6.30pm. **Where:** Rendezvous Observation City, Scarborough. Booking essential by 2 September. **Contact:** Anita 9387 7428.

### 8 September - DINNER SEMINAR

**Voice Interest & Education of Women (VIEW) Club: Mind Power.** **Speaker:** Val Spinks, Senior Lecturer, Tuart Hill TAFE. Val's expertise is 'Life Coaching- Moving Forward with Positive Life Changes.' **When:** 6.30pm. **Where:** Dianella Hotel, Dianella. **Cost:** \$20 includes meal. **Contact:** Jacquie 9448 4591.

### 10 September - SEMINAR

**Adoption Jigsaw: Does Adoption Touch Your Life?** **Speaker:** Nancy Verrier, international author and therapist. Adoption, reunion issues and life long consequences. **Where:** Notre Dame University, Henry St, Fremantle. **When:** 9.45am-4pm. **Cost:** \$25 adult / \$10 concession. **Contact:** Ann 9388 1922.

## Information for Women 爲婦女提供的資訊 Thông tin dành cho Phụ nữ معلومات للسيدات Πληροφορίες για γυναίκες Informazioni per le Donne Informationen für Frauen

### AWARENESS DAY

**GAIN Inc (Gynaecological Awareness Information Network): 'The Great Gynae Day Out'**. GAIN Inc invites you to celebrate National Gynaecological Awareness Day. Essential information for women and an afternoon of fun! **When:** 11am-6pm. **Where:** Perth Convention Exhibition Centre, 21 Mounts Bay Road, Perth. **Cost:** \$30-First session: morning tea, lunch, Expo / \$70-3-6pm session. Dress: 'After 5.' / \$100- all day. **Tickets:** BOCs 9484 1133 / www.bocsticketing.com.au **Contact:** Kylie, Event Coordinator kylie@dccm.biz / www.gynsupport.com

### 10 September - SUSTAINABLE ACTIVISM WORKSHOP

**Sustainable September: Sustainable Activism.** **Presenter:** Holly Hammond, activist, community worker. All activists welcome. **When:** 2-4.30pm. **Where:** City West Lotteries House, 2 Delhi St, West Perth. **Cost:** \$5 unwaged / \$10-\$15 waged. **Contact:** 0421 508 446 / hollyhammond@australia.edu / www.sustainableseptember.net.au

### 10 September - WORKSHOP

**South West Women's Health and Information Centre, Bunbury: Positive Ageing!** A workshop for everyone! Meet Rhonda Parker from the Positive Aging Foundation of Australia, meet a woman who wrote her first book at age eighty. **When:** 10am-3pm. **Where:** Venue TBA. **Contact:** 9791 3350 / 1800 673 350.

### 12 September - WOMEN'S COMMUNITY FORUM

**UnionsWA: Federal Government's Proposed Changes to Australia's Workplace Laws.** Women are particularly vulnerable in the face of the Howard government's plans and their rights at work will suffer. Discuss the impacts on women and the community. **When:** 6-8pm. **Where:** Loftus Community Centre, 99 Loftus Street, Leederville. Childcare available on request. **Cost:** Free. **Contact:** Clare 9228 5911 / cozich@tlcwa.org.au.

### 13 September - COMMUNITY FORUM

**Join Sex Discrimination Commissioner Pru Goward for a community forum on paid work and family responsibility.** This forum is organised as part of a series of consultations the Commissioner is holding around the country to take feedback on the issues raised in 'Striking the Balance: Women, men, work and family Discussion Paper 2005'. These consultations, in conjunction with written submissions, will be used to inform the final paper to be released in 2006. All members of the community are encouraged to participate in these discussions to present opinions, experience and priorities. **When:** Tuesday 13 September. **Time:** 2.30-5.00pm. **Where:** YWCA Perth, 179 Main Street, Osborne Park. **RSVP:** Gail (08) 9440 3501. The discussion paper is available at www.humanrights.gov.au/sex\_discrimination/strikingbalance/index.html

### 14-15 September - CONFERENCE

**Department of Sport & Recreation: ACTIVE 2005: Seniors- Our Fastest Growing Demographic.** Examine marketing strategies for seniors and understand the amazing intergenerational opportunities. Highlights include health and fitness; what seniors want. **When:** 9am-5pm. **Where:** Esplanade Hotel, Fremantle. **Cost:** \$110 special rates for seniors/volunteers. **Contact:** Charles Hayne 9492 9833 / charles.hayne@dsrc.wa.gov.au

### 15-17 September - CONFERENCE

**Australasian Society for Traumatic Stress Studies: The Impact of Childhood Trauma Across the Lifespan: Historical Denial - Current Challenges.** For those working with adult and child survivors of childhood trauma. **Where:** Hyatt Regency Hotel, Perth. **Registration:** http://www.astss.org.au/conference/index.htm **Contact:** Secretariat, Congress West: astss@congresswest.com.au / 9322 6906 / Fax: 9322 1734.

### 16-18 September - CONFERENCE

**Business and Professional Women of WA: 20th Biennial State Conference- 'Give Yourself A Wrap!'** Explore leadership, balancing work and family, career enhancement, workforce trends, and the inner spirit. Non-BPW women are invited. **When:** 16-18 September. **Where:** All Seasons, Margaret River. **Registration:** bpwwa@inet.net.au **Cost:** \$220 mbrs / \$270 non-mbrs, includes Gala dinner, lunches, teas, Young BPW dinner. **Contact:** Nicky 9305 4613.

### 16 September - NOMINATIONS CLOSE

**Council On The Ageing (WA) Inc (COTA WA) / Lotterywest / WA Opera: 'Carmen'.** Nominate your volunteers for an afternoon at the Opera. **When:** 1 November Matinee. **Where:** His Majesty's Theatre, Perth. **Contact:** 9321 2133.

### 17 September - LEGAL SEMINAR

**National Council of Women of WA Inc: 14th Annual Metro Seminar- 'Women and the Law - In Your Best Interests?'** For Seniors. Wills, Tax Effectiveness, Estate Planning, Legal Strategies for Associations / Businesses, Bank Guarantees, Mortgages, Reverse Mortgages. Complimentary places for rural women available. **When:** 9am-3.30pm. **Where:** Perth Zoo Function Centre. **Cost:** \$40 waged / \$35 unwaged, includes morning tea, lunch. Complimentary places by written request to: NCWWA, GPO Box 6224, EAST PERTH WA 6892 or email: ncwwa@q-net.net.au by 10 September. **Contact:** 9325 8897.

### 18 September & 16 October - WOMEN'S FORUMS

**Women with Disabilities WA: 'Making the Most of Moving' Project.** **Speaker:** Janni Goss, Physiotherapist. Different ways of getting active. Have a personal plan designed. **Cost:** Free. Includes afternoon tea. **RSVP:** Rayna 9380 9656 by Friday prior. **When:** 1-4pm. **Where:** 'The Niche', cnr Aberdare Rd & Hospital Ave, Nedlands. **Contact:** Rayna 9380 9656 / womenwdwa@yahoo.com.au

### 28 September - INFORMATION SEMINARS

**Baha'i Office of Equality WA: Just Knowing - Domestic Violence Legal Aid.** Morning tea seminars. Fun, learning and friendship. **When:** 10.30am-12.30pm. **Cost:** Free. **Where:** Baha'i Centre of Learning, cnr North Lake Rd & Marmion Ave, Myaree. **Contact:** Sahba 0402 918 783 / equality@wa.bahai.rog.au

### 28-30 September - CONFERENCE & WORKSHOP

**Bob Hawke Prime Ministerial Library: 'Simply the Best: Women's Collections in Libraries, Archives and Museums'.** Pre-Conference Workshop: 'Friends and Volunteer Programs- Success and Benefits.' **Where:** Quality Hotel Rockford, Adelaide. **Registration:** www.hawkecentre.unisa.edu.au/library **Contact:** Jenni jenni.jeremy@unisa.edu.au / (08) 8302 0318.

### 14 October - 2005 CLARE BURTON LECTURE

**Girls, Schools and Society: A Generation of Change.** **Guest Speaker:** Professor Alison Mackinnon, University of South Australia. **Where:** Hyatt Regency, Perth. **When:** 12noon-2.30pm. **Cost:** \$70. **RSVP:** 7 October. **Contact:** Janice Burmaz 9266 3980 / http://lsn.curtin.edu.au/leadership **Sponsors:** Department for Community Development, Office for Women's Policy; Australian Technology Network Women's Executive Development Program; Curtin University of Technology and the Equal Opportunity for Women in the Workplace Agency.

### 19-30 October - SENIORS' EVENTS

**BankWest Seniors Week 2005: Events Preview.** An opportunity for Western Australians to acknowledge and say thank you to seniors for their ongoing commitment and contributions to communities and families. Seniors Week runs from Sunday 23 to Sunday 30 October. In celebration of the Week, WA communities and organisations will be organising hundreds of events.

#### Silver Screening- 19 October.

**When:** 10.30am. Seniors have the opportunity to attend a premiere screening of the new thriller movie "Flightplan", Starring Jodie Foster. Keep an eye out for entry forms.

#### Australian Pensioners Insurance Agency: Seniors Concert- 24 October.

**When:** 1-3pm. A concert showcasing some of WA's finest multicultural talent. Advertisements will be in September's 'Have-a-Go News' and 'West Australian Senior'. Win a double pass.

#### Seniors Recreation Council: Have A Go Day- 25 October

**When:** 9am-3pm. **Where:** Burswood Park. **Cost:** Free. A fun day for all WA seniors with activities and information.

#### Kalamunda Seniors Lifestyle Expo and Art & Craft Exhibition- 26 October.

**When:** 10am-3pm. **Where:** Hartfield Park Recreation Centre, Kalamunda. Expo focus is 'Mind, Body and Soul' with a holistic approach to health and well-being. An intergenerational event.

#### Mandurah City Senior Citizens Centre:

#### Bi-Annual Peel Region Seniors Expo 2005- 26 & 27 October.

**Where:** Mandurah Performing Arts Centre. An opportunity to participate, learn and enjoy with entertainment, exhibits and hands-on activities.

#### Australian Pensioners Insurance Agency: Tea Dance- 28 October.

**When:** 1-4pm. The sounds of music from the 1930s, 40s and 50s, afternoon-tea and a dance. Free.

#### St Louis Estate: Career Expo- 29 October.

**When:** 9am-12.15pm. Showcases the talent and life experience of residents. Local students will be invited to hear the success stories for tips on developing a successful career path of their own.

#### Seniors Card City Trails- Perth/Fremantle

Explore Perth or Fremantle with activities along the Red or Blue CAT bus routes.

#### WA Seniors Awards 2005: Gala Ceremony- 30 October.

The platform to close Seniors Week 2005 and announce category winners and the BankWest Senior of the Year. **Contact:** Office for Seniors Interests and Volunteering on 9328 9155 or 1800 671 233.

Source: Office for Seniors Interests and Volunteering website: [http://community.wa.gov.au/Events/October/BankWest\\_Seniors\\_Week\\_2005.htm](http://community.wa.gov.au/Events/October/BankWest_Seniors_Week_2005.htm)

## contact details

Please fax, mail or email your event details in 30 words or less by the 10th of the month prior to your event (non-government organisations only). For further information or a copy of WINFO telephone (08) 9264 1900, country freecall STD 1800 199 174, TTY available on these numbers, fax (08) 9264 1925, email wpo@dcd.wa.gov.au or view WINFO on-line at [www.community.wa.gov.au/women](http://www.community.wa.gov.au/women). Postal address: 1st Floor, 141 St Georges Tce, PERTH WA 6000. This document is available on request in alternative formats such as large type, audio tape, computer disk and Braille.

The Office for Women's Policy, Department for Community Development, in no way endorses or recommends any events, agencies or services listed in this monthly calendar. For further information contact the event organisers directly.

### THE OFFICE FOR WOMEN'S POLICY - ABOUT US

The Office for Women's Policy (OWP):

- gives advice to the Government on issues, programs and services which impact on women;
- supports women's groups and community organisations by providing funding, forums and information; and
- provides the Women's Information Service (WIS): a free, confidential telephone information and referral service.

Contact WIS Monday to Friday, 9am-5pm on 9264 1900. If an interpreter is required telephone the Translating and Interpreting Service on 13 14 50. For women who are deaf or have a hearing impairment call the National Relay Service on 13 36 77.

## HINDI

### दि ऑफिस फार वीमेन्स पॉलिसी - हमारे बारे में जानकारी

दि ऑफिस फार वीमेन्स पॉलिसी (ओ डब्ल्यू पी):

- सरकार को उन मुद्दों, कार्यक्रमों, और सेवाओं के बारे में सलाह देना है जिनका ब्यवहार पर प्रभाव पड़ता है,
- बच्चों के लिए चलाना या रहे समूहों और सामाजिक संस्थानों को धनराशि, एकत्र होने के लिए ध्यान और जानकारी प्रदान करता है, और
- वीमेन्स इन्फार्मेशन सर्विस (डब्ल्यू आई एस): एक नि:शुल्क और गोपनीय टेलीफोन सूचना और निर्देशन सेवा चलाता है।

डब्ल्यू आई एस को आप 9264 1900 पर सोमवार से शक्रवार तक सुबह 9 बजे से सांय 5 बजे तक संपर्क कर सकते हैं। यदि आपको दुर्भाग्य की आवश्यकता है तो अनुवाद और दुर्भागिया सेवा को 13 14 50 पर संपर्क करें। जो ब्यवहार मुनने में समर्थ नहीं है अथवा जिन्हें सुनने में कठिनाई है, वह मेकानल रिले सर्विस को 13 36 77 पर टेलीफोन कर सकती है।

...is a monthly calendar of events by, for and about women. It is produced by the Women's Information Service (WIS) and is free to any group or individual.

## September 2005

# WIS

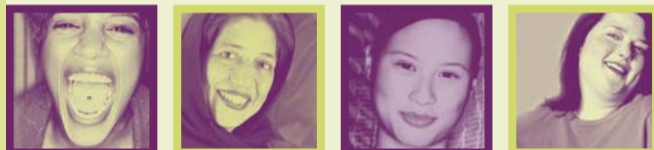
The Women's Information Service (WIS) is a free, confidential telephone referral service for all women in Western Australia, provided by the Office for Women's Policy.

Monday to Friday 9am to 5pm

(08) 9264 1900

or Country freecall STD 1800 199 174

TTY available on these numbers. If an interpreter is required telephone the Translating and Interpreting Service on 13 14 50 or the National Relay Service on 13 36 77.



## THEME: WOMEN & AGEING

**Advocacy and Rights in Action** Advocare is an independent agency which advocates and protects the rights and best interests of people living in aged care facilities, people receiving community care services, and people not currently receiving these services but who are eligible for them. Advocare also supports older people who are victims of elder abuse.

**Advocacy In Action** Advocare recognises that it can be more difficult for people to assert and protect their own rights when they are dependent on others to have their primary care needs met. Advocare believes that it is important to support people to assert their own rights and to advance and maintain their own best interests whenever possible. Where this is not possible, Advocare may support family members, carers and other interested parties to advocate on behalf of the person whose rights may be at risk, and advocate directly to other people or agencies who are involved in the person's care or who can help safeguard their rights. Where groups of people appear to be disadvantaged by the same problem or issue, Advocare will develop strategies to address the problem to a broader community level.

**Rights** The rights of older people and people with disabilities who are accessing community services are protected under State and Commonwealth Legislation and Standards. They include the person's right to be treated with dignity and have their privacy respected, receive services which are based on individual needs and to access services without discrimination, exercise as much independence and control over their own life as they are capable of doing, which includes the right to be kept informed of the options available to them and the right to play an active part in decisions which affect them; raise and have resolved concerns or complaints about the service they are receiving; and receive services which are based on individual needs and to access services without discrimination; choose an advocate to act on their behalf.

**Abuse Prevention Program (APP)** Advocare's APP supports older adults in Western Australia who are being abused, or at risk of being abused, by someone with whom they are in relationship of trust, such as family or friends. APP advocates work in consultation with the older person, either directly, or with their nominated representative.

For more information contact Advocare on 9221 8599 (Perth) or 9721 3344 (Bunbury) or freecall in rural WA on 1800 655 566, or send an email to [rights@advocare.org.au](mailto:rights@advocare.org.au) (Perth) or [advobun@geo.net.au](mailto:advobun@geo.net.au) (Bunbury). Source: [Advocare website: www.advocare.org.au](http://www.advocare.org.au)

**WA Seniors Awards 2005** The Awards Gala Ceremony will be held as part of the Seniors Week celebrations at Burswood International Resort Casino on Sunday 30 October. For more information, please contact the Office for Seniors Interests and Volunteering on 9220 1111.

**What's New!** Visit the Minister for Seniors Interests website for more information about what is being done for Seniors in Western Australia, at [www.ministers.wa.gov.au/kucera/](http://www.ministers.wa.gov.au/kucera/)

**2005 Guide to State Government Concessions** The Western Australian Government has released a comprehensive guide to concessions available to holders of the WA Seniors Card, Pensioner Concession Card, Health Care Card, State Concessions Card, Commonwealth Seniors Health Card, and DVA Gold Cards for TPI and War Widows. Download a copy of the 2005 Guide to State Government Concessions from [http://community.wa.gov.au/Communities/Seniors/Seniors\\_Community.htm](http://community.wa.gov.au/Communities/Seniors/Seniors_Community.htm) or telephone the Office for Seniors Interests and Volunteering on 9220 1111.

**Generations Together: A Progress Report of the Western Australian Active Ageing Strategy** The report provides an update on the Active Ageing Strategy initiatives announced in March 2004. Government agencies that are partners in the strategy will report twice a year on the progress of their active ageing work. The report also highlights other active ageing initiatives the Government has implemented in addition to those outlined in the strategy. Download a copy of the report from [http://community.wa.gov.au/Communities/Seniors/Seniors\\_Community.htm](http://community.wa.gov.au/Communities/Seniors/Seniors_Community.htm) or telephone the Office for Seniors Interests and Volunteering on 9220 1111.

**Grandparents Raising Grandchildren** There are an estimated 2.3 million Australians currently providing care to family members, relatives, and friends. A growing number are 'Grandfamilies' where grandparents and kin carers are raising grandchildren. In recognition of their special needs and vital community role, an Australia first grandparents' support service called Grandcare, was established in 2002 and administered through Wanslea Family Services, in Perth. Grandcare is contactable on 1800 008 323.



### MESSAGE FROM THE EXECUTIVE DIRECTOR

Welcome to the September edition of Winfo which focuses on women and ageing. The Office for Women's Policy (OWP) recognises that the ageing of the population and intergenerational issues are integral factors in planning for the future needs of women and senior women. Given that senior women will make up an increasing proportion of the ageing population, there is a need to analyse their specific issues and formulate the most appropriate responses to address their concerns. Through past community consultations between OWP and senior women, the issues identified are: inadequacy of a retirement income; provision of services to support women who are principal carers; increasing rate of family breakdowns and the additional responsibilities this places on senior women; recognition of women's unpaid contribution to society; health issues; mature employment; and more focussed research on the psychosocial aspects of ageing.

Through the recent round of the WA Women's Grants Program, OWP has supported projects that address intergenerational issues and senior women including:

- **Waminda Aboriginal Corporation - 'Natural Healing For Elders.'**  
A series of workshops will provide information on the advantages of alternative or natural healing. Women within the community present the benefits of natural therapy in order to strengthen the health, wellbeing and education within the wider community.
- **Jacaranda Community Centre Inc - 'Indigenous Learning Together Group.'**  
This project will utilise the skills and knowledge of Indigenous elders to assist younger Indigenous women to develop an understanding of culture and lessen social isolation.
- **Moana Pasifika Inc - 'Forum for South Pacific Women in WA.'**  
The forum will address key issues of concern including, family and domestic violence, employment and training, cultural relations, family support for grandmothers, and developing a women's support group. The aim is to strengthen the capacity and relationships of women in the community.

At the August 2004 Commonwealth, States, Territories and New Zealand Ministers' Conference on the Status of Women (MINCO), a plan of action was commissioned to maximise older women's social participation, overall wellbeing and labour force participation. One initiative of MINCO was the 'Women, Ageing and Participation Workshop', which took place on 26 and 27 May 2005 in Brisbane. The focus of the workshop was to identify and explore barriers and incentives to older women's social and economic participation. A report will be available in the near future from OWP's website at <http://www.community.wa.gov.au/Communities/women>. The issues of women's ageing and participation will continue to be a key focus at the 2005 MINCO meeting.

September is a busy month for the Office with numerous events and initiatives scheduled, including the 21st Anniversary of the Women's Advisory Council, the 20th Anniversary of the Grace Vaughan Memorial Lecture, the Indigenous Women's Congress Meeting and the launch of the 'Indigenous Women's Report Card 2005 (Supplement to Women's Report Card 2005)'.

Maria Osman  
Executive Director

### GRACE VAUGHAN MEMORIAL LECTURE 2005

The Grace Vaughan Memorial Lecture (GVL) is held annually to commemorate the life and achievements of Grace Vaughan who was a social activist and parliamentarian; dedicated to ensuring women's full participation in society. This year's public lecture addresses the medical implications of the nuclear age and will be delivered by Dr Helen Caldicott. Helen has devoted the last 35 years to an international campaign to educate the public about the medical hazards of the nuclear age. The lecture will be held at the University Club Theatre Auditorium, the University of Western Australia (UWA) on Friday 9 September 2005 at 6.15pm. Enquiries to UWA 6488 1340 / [ias@admin.uwa.edu.au](mailto:ias@admin.uwa.edu.au)

### VOLUNTEERS WANTED FOR THE WOMEN'S INFORMATION SERVICE (WIS)

Volunteers@WIS is a new program by OWP to enhance the delivery of vital information services to women in WA through WIS. Volunteers@WIS is calling for women who can support and champion the needs of women in WA and who are willing to be trained in providing referrals and information in areas such as relationships, domestic and family violence, health, parenting and legal issues. All women who are willing to commit their valuable time to volunteer work are strongly encouraged to register by 9 September 2005 to WIS on 9264 1900 / 1800 199 174.

### WOMEN'S ADVISORY COUNCIL'S 21ST ANNIVERSARY

The Women's Advisory Council (WAC) was established in 1983 and has achieved much on behalf of WA women. Identifying the needs and aspirations of women, advocating change, making recommendations and assisting in policy development are all vital aspects for the continuing advancement of women's interests and rights. To celebrate the 21st Anniversary of WAC, OWP is hosting a Sundowner at Parliament House on 20 September 2005. The event is open to past and present members of WAC and to RSVP please call WIS (contact details above).

### DESPERATELY SEEKING

The Office for Women's Policy is desperately seeking the contact details for former members of the Women's Advisory Council. Please forward any details to WIS (contact details above).

### THE INDIGENOUS WOMEN'S REPORT CARD 2005 (SUPPLEMENT TO WOMEN'S REPORT CARD 2004).

The Indigenous Women's Report Card (Supplement to Women's Report Card 2004) measures the social and economic wellbeing of Indigenous women in WA. The Hon Sheila M'Hale, Minister for Women's Interests, will be launching the Report Card on 12 September 2005, 5.45pm for a 6pm start. The event will finish at 8pm and will be held in the Conference Room, Derbarl Yerrigan Health Service, 156 Wittenoom Street, East Perth. Please RSVP by 7 September to WIS (contact details above).

### MANAGING AND AVOIDING DEBT: A YOUNG PERSON'S GUIDE

The Office for Children and Youth, in collaboration with the Department of Consumer and Employment Protection (DOCEP) and Youth Legal Service WA Inc, has developed a booklet titled 'Managing and Avoiding Debt: A Young Person's Guide'. The booklet was developed to assist young people understand some of the common problem areas, with a view to avoiding debt in the future. The guide also talks about managing debts once they are incurred. For further information contact DOCEP Call Centre on 1300 30 40 54 or visit [www.docep.wa.gov.au](http://www.docep.wa.gov.au)

## THE NEXT EDITION OF WINFO WILL BE AVAILABLE IN OCTOBER AND WILL FOCUS ON STOP VIOLENCE AGAINST WOMEN

The Women's Information Service (WIS) provides an information and referral service to all women in Western Australia from diverse cultural and religious communities, as well as women of different ages, abilities and sexual orientation. This publication provides information on events, courses and community initiatives of interest to women. If you would like to see a focus on an issue during the coming months, please let us know. WIS: (08) 9264 1900 / Freecall 1800 199 174 / Fax (08) 9264 1925 / Email [wpo@dcd.wa.gov.au](mailto:wpo@dcd.wa.gov.au)

### Women on Boards Website

This website has been recently revamped with a new layout and easy to follow links. For seminars visit: [www.womenonboards.org.au/events/seminars/index.htm](http://www.womenonboards.org.au/events/seminars/index.htm)  
For new postings on the Board Vacancy Alert visit The Boardroom: [www.womenonboards.org.au/cv/the\\_boardroom.htm](http://www.womenonboards.org.au/cv/the_boardroom.htm)  
For Women On Boards' (WOB) Success Stories visit: [www.womenonboards.org.au/about/a07\\_success.htm](http://www.womenonboards.org.au/about/a07_success.htm)  
WOB is a self-help program and free to register. Any queries contact Ruth on email [ruth.medd@womenonboards.org.au](mailto:ruth.medd@womenonboards.org.au) or mobile 0419 407 231, or visit [www.womenonboards.org.au](http://www.womenonboards.org.au)

**Violence Against Women Australia Says NO!** Copies are now available of the second Campaign Information Bulletin for 2005, a newsletter from the Office for Women in Canberra, aimed at updating non-Government organisations and other interested parties on the Australian Government's 'Violence Against Women. Australia Says NO' campaign. If you know of anyone who should have received the 'Violence Against Women. Australia Says NO' Campaign Bulletin No.2 Newsletter but did not, please share the information and ask them to contact the Office for Women, Canberra at [women@fac.gov.au](mailto:women@fac.gov.au) with their email details.

**'Womensport Coaching'** This publication by Womensport West was developed to encourage and support the coaching of female athletes. It explores the relationship between participation and performance in sport and healthy bones, self-confidence and self-esteem, healthy body image, healthy diet, friendship and companionship. For copies or further information contact Womensport West on 9387 3633 or email [Womensport@wswest.asn.au](mailto:Womensport@wswest.asn.au)

### Websites to Try:

ACT Disability, Aged and Carer Advocacy Service [www.adacas.org.au](http://www.adacas.org.au)  
Advocacy Services for Older People [www.agedrights.asn.au/home.html](http://www.agedrights.asn.au/home.html)  
Alzheimer's Association Australia [www.alzheimers.org.au](http://www.alzheimers.org.au)  
Australian Seniors Computer Clubs Association [www.seniorcomputing.org](http://www.seniorcomputing.org)  
Council on the Ageing in WA [www.cotawa.asn.au](http://www.cotawa.asn.au)  
Federal Government's website for over 50s [www.seniors.gov.au](http://www.seniors.gov.au)  
GreyPath - for retirees and seniors [www.greyath.com.au](http://www.greyath.com.au)  
National Seniors [www.nationalseniors.com.au](http://www.nationalseniors.com.au)

**Universities of the Third Age (U3As)** Eager to continue learning but cannot get to courses? Then learn through the internet! Universities of the Third Age (U3As) cater for older persons who want to continue learning in a relaxed environment. But not everyone can get to a U3A. If you are an older person living in remote or isolated circumstances, you could enjoy a U3A ONLINE course. Learning does not stop because you live in a remote area or have mobility difficulties - all you need is access to the Internet. U3A Online provides interesting and informative courses on range of topics at a very low cost, and encourages contact and interaction with other course members, as well as course leaders. Find out all about them at <http://u3aonline.edna.edu.au> If you have any difficulty in making that connection, contact the Project Co-ordinator at [info@u3aonline.org.au](mailto:info@u3aonline.org.au) or by phoning (02) 6251 7785.

Consultations with grandparents raising grandchildren revealed the three main concerns are financial, legal, and child management and behaviour. These issues were in the Australian Government National Report on 'Grandparents Raising Grandchildren', commissioned by the Minister for Children & Youth Affairs, and carried out by COTA National Seniors in July 2003. The State Government publications, the 'Western Australian Seniors and the Law Information Booklet' and 'Grandfamilies: A Resource Guide for Western Australian Grandparents Raising Grandchildren' include information to help grandparents. To view these publications visit [www.community.wa.gov.au/Communities/Seniors/Seniors\\_Community.htm](http://www.community.wa.gov.au/Communities/Seniors/Seniors_Community.htm) under Quick Links click on Grandparenting, or telephone the Office for Seniors Interests and Volunteering on 9220 1111.

**Carers Recognition Act 2004** This Act came into effect on 1 January 2005 and is an important step in supporting the crucial and often difficult and complex role of carers. The Act is aimed at changing the culture of service providers so that the impact on family carers is considered when services are planned, delivered and reviewed. A key part of the Act requires service providers to comply with the Western Australian Carers Charter. The Charter provides clear direction on how carers are to be treated and how carers are to be involved in the delivery of services. The Act also establishes a Carers Advisory Council which will monitor compliance with the legislation and provide advice to the Government on issues relating to carers. For further information visit [http://community.wa.gov.au/Communities/Seniors/Seniors\\_Community.htm](http://community.wa.gov.au/Communities/Seniors/Seniors_Community.htm), under Quick Links click on Carers and Foster Care, then Carers' Services, or telephone the Office for Seniors Interests and Volunteering on 9220 1111.

**Carers Counselling Line** The 24 hours per day, seven days a week, Carers Counselling Line is for all carers regardless of the age or diagnosis of the person to whom they provide care. The 1800 telephone service is managed by professionally qualified counsellors offering counselling, practical assistance, referral and emotional support. The Carers Counselling Line is funded by the State Government through the Carers Association of WA (Carers WA). To contact the Carers Counselling Line telephone 1800 007 332 (freecall 24 hours access) or visit their website at [www.carerswa.asn.au](http://www.carerswa.asn.au)

**Retirement Planning** The key to an active retirement is having a plan - both for the age to retire and for the activities that will help to provide a fulfilling life. The Office for Seniors Interests and Volunteering has produced a useful guide to help people plan a retirement that explores new opportunities. Contact the Office for Seniors Interests and Volunteering on 9220 1111 or visit the website at [www.community.wa.gov.au/Seniors](http://www.community.wa.gov.au/Seniors).

**SENIORS WEEK 2005 - 23 to 30 October 2005.** Looking to celebrate, learn and be entertained during Seniors Week? Then you might fancy attending one of their events. Seniors Week is a good time to get creative and open your mind to new ideas and interests. It is also an opportunity for seniors to meet new people and make new friends. Seniors Week is an initiative of the Office for Seniors Interests and Volunteering supported by: BankWest, the Australian Pensioners Insurance Agency, St Louis Estate, The Western Australian Senior, Woolworths Supermarkets, Skywest, Have-a-Go News, The West Australian, Channel Nine Perth, Newstalk882 6PR, WIN Television and the Council on the Ageing (WA). To find about other Seniors Week events happening in your area contact the Office for Seniors Interests and Volunteering on 9220 1111.

**Have Your Say!** What is your opinion of the new website-based Seniors Card competitions? Send your thoughts to [osi@dcd.wa.gov.au](mailto:osi@dcd.wa.gov.au) What is your favourite Seniors Week event and why? Email [osi@dcd.wa.gov.au](mailto:osi@dcd.wa.gov.au) Do carers receive enough recognition? Email [osi@dcd.wa.gov.au](mailto:osi@dcd.wa.gov.au)

**More information can be found on all of the items above by accessing the Office for Seniors Interests and Volunteering's website on [www.community.wa.gov.au/Seniors](http://www.community.wa.gov.au/Seniors)**

**Home and Community Care** 'Australian Asian Association' in Gosnells has an opportunity to be a provider of Home and Community Care Program (HACC) to elderly, frail, and younger persons with disabilities, with Spanish as a first language. These free services include house cleaning, meal preparation, washing, ironing and shopping, provided by carers from the same cultural background. Interested people can contact Paul on 0413 652 763 or email [phcd2002@yahoo.com.au](mailto:phcd2002@yahoo.com.au)